"Through obedience

to gospel principles,

the enticements of the world lessen in our lives.

With each right choice we make,

we spiritually empower ourselves.

The accumulation of right choices builds inner spiritual strength

and divine character.

We should expect temptation,

for without temptations

there would be little education

and little character improvement."

Rulon G. Craven

April 1996 Conference (May Ensign) pg. 77