



"We should always remember that our choices do not begin with the act but in the mind with the idea. As a poet stated:

'Sow an idea and you reap an act. Sow an act, and you reap a habit. Sow a habit and you reap a character. Sow a character and you reap a destiny.'

"Given our agency, we are therefore individually responsible for our ideas, acts, habits, character, and yes, even our destiny."

Richard B. Wirthlin, Gen. Conf. Oct. 1997