"If a man be pure in thought,

he will be correspondingly

pure in action;

but if he allows his mind to roam

in unrestricted freedom

through the various avenues of evil

or to dwell unchecked upon the

contemplation of forbidden indulgences,

it will not be long before his feet

tread those paths

and his hand plucks

the tempting but deceitful fruit."

# Pres. George Q. Cannon