



"If a man be pure in thought,  
he will be correspondingly  
pure in action;

but if he allows his mind to roam  
in unrestricted freedom  
through the various avenues of evil  
or to dwell unchecked upon the  
contemplation of forbidden  
indulgences,

it will not be long before his feet  
tread those paths  
and his hand plucks  
the tempting but deceitful fruit."

Pres. George Q. Cannon