



"Much of the sorrow and distress  
that is afflicting...mankind  
is traceable to the fact  
that they have ignored  
(God's) admonition to keep  
the Sabbath day holy."

*--Pres. George Albert Smith, Oct. 1935 Gen. Conf.;  
quoted by Elder Earl C. Tingey, April 1996 Gen. Conf.--*